| BREAKFAST Served until 2pm | |
|--|-------------|
| ACAI SMOOTHIE BOWL (*GFA, V, VO) | \$15 |
| acai, mixed berries, honey, cinnamon, banana & almond | ` |
| milk, topped with granola, cacao nibs, coconut chips & mixed berries | |
| BREAKFAST GRANOLA (V) | \$15 |
| vanilla bean panna cotta, fruit, berry compote | 4 |
| SMASHED AVOCADO (*GFA, V) | \$17 |
| on light rye, danish feta, tomatoes, leaves, lemon, beetroot hummus & | |
| beetroot balsamic (add poached egg \$3 or bacon \$4) | Ċ10 |
| CHICKPEA & AVO SMASH (*GFA, V, VO) | \$18 |
| on light rye, roasted & seasoned chickpeas, tomatoes, leaves, lemon, beetroot hummus, beetroot balsamic (add poached egg \$3 or bacon \$4) | |
| JUST EGGS (*GFA, V) | \$15 |
| eggs your way served with tomato relish & on toasted brioche | 713 |
| BACON AND EGGS (*GFA) | \$19 |
| bacon & eggs your way with tomato relish & on toasted brioche | ΨIJ |
| BREKKY WRAP | \$16 |
| fried eggs, bacon, cheese, aioli & BBQ sauce on a toasted tortilla wrap | • |
| (add a hashbrown \$3) | |
| BREKKY BURGER | \$16 |
| bacon, fried egg, hash brown, spinach, tomato relish & aioli on a toasted bun | |
| BEANS ON TOAST (*GFA, V) | \$15 |
| housemade beans served on light rye (add poached egg \$3 or bacon \$4) | |
| MUSHROOM & FETA OMELETTE (*GFA, V) | \$18 |
| with mushroom, feta & spinach (add bacon \$4) | |
| EGGS BENEDICT | \$22 |
| poached eggs, spinach & hollandaise on toasted brioche | |
| with your choice of bacon, ham, avocado or smoked salmon | 440 |
| ZUCCHINI PITA BREAD (*GFA, V, VO) | \$18 |
| Zucchini ribbons, pesto & pumpkin served on warm pita bread with | |
| beetroot hummus, leaves & tomatoes (add poached egg \$3) | \$19 |
| POTATO ROSTI (V) homemade square potato rosti served with tomato relish, sour cream, | ŞΙЭ |
| tomatoes & leaves (add poached egg \$3 or bacon \$4) | |
| PANCAKES | \$18 |
| hot pancakes served with ice cream, & your choice of; | 710 |
| -fresh fruit, berry compote & maple syrup OR - Nutella & toasted marshmallows | |
| BEEF SHAKSHUKA | \$22 |
| our take on a middle eastern classic. Ground beef & vegetables in a spiced | • |
| tomato sauce, topped with feta and 2 poached eggs. Served with pita bread | |
| THE BIG CHILL BREAKFAST (GFO) | \$24 |
| eggs your way, bacon, mushrooms, beans, hash brown, Shakshuka mince, | |
| toasted brioche & tomato relish | |
| | |



| LUNCH Served until 2pr | m | | |
|---|----------------------------------|---|-----------------|
| CHICKEN & PUMPKIN TURK | ISH | | \$15 |
| | otato, caramelised onion with p | esto & aioli on toaste | d turkish bread |
| served with chips | | | |
| SMOKEY PORK TURKISH | | _ | \$17 |
| • | iss cheese, honey mustard sauce | e & BBQ sauce | |
| on toasted turkish bread ser | ved with chips | | A |
| VEGAN TURKISH (V, VO) | | | \$15 |
| | nato, red onion, vegan cheddar, | vegan aloli & | |
| BBQ sauce on toasted turkis | n bread served with chips | | ¢16 |
| CLUB TURKISH | nate avecade red enion green | loovos pioli 8 DDO sou | \$16 |
| | nato, avocado, red onion, green | leaves, aloll & bbQ sat | ice |
| on toasted turkish bread ser RUEBEN | ved with chips | | |
| | kraut, swiss cheese & homemad | le russian dressing | \$15 |
| on toasted light rye, served | | c russian arcssing | 713 |
| CAESAR SALAD (*GFA) | with emps | | \$15 |
| • | egg, croutons, parmesan & cae | sar dressing | 7-0 |
| (add chicken +\$4 add smoke | | | |
| CHICKPEA, PUMPKIN & FETA | | | \$18 |
| roasted & seasoned chickpeas, pumpkin, feta, onion, tomato, leaves, olive oil | | | • |
| • | | | |
| & balsamic dressing (add haloumi +\$4, chicken +\$4 add smoked salmon +\$6) FRIED CAULIFLOWER SALAD (V, VO) | | | \$18 |
| Marinated cauliflower on a garden salad with a olive oil & balsamic dressing | | | 7-3 |
| • | \$4 add smoked salmon +\$6) | | |
| THAI BEEF SALAD (*GFA) contains nuts | | | \$21 |
| marinated thai beef steak served on leaves, slaw, tomato, onion & thai dressing, | | | • |
| topped with peanuts | | C. | |
| STEAK BURGER | | | \$22 |
| steak, bacon, cheese, caram | elised onion, lettuce, tomato, m | nustard & | |
| bbq sauce on a toasted bun, | , served with chips | | |
| CHEESE BURGER | | | \$23 |
| Two smashed patties, cheese, pickle & housemade burger sauce on a toasted | | | |
| bun, served with chips | | | |
| BUTTERMILK CHICKEN BURGER | | | \$23 |
| Marinated buttermilk fried chicken, tomato, onion, lettuce, cheese, | | | |
| house made burger sauce on a toasted milk bun served with chips | | | 4.0 |
| BOWL OF FRIES potato chips | s or sweet potato fries +\$3 | | \$8 |
| <u>EXTRAS</u> | | | |
| Gluten Free bread \$1 | Bacon \$4 | Mushrooms \$4 | |
| Tomato \$2 Extra Egg \$3 | Smoked Salmon \$6 Chorizo \$4 | Hollandaise Sauce \$1 Hash Brown \$3 | |
| Avocado \$5 | Grilled Chicken \$4 | Haloumi \$4 | |
| | | | |

(V= Vegetarian VO = Vegan Option GFA= Gluten Friendly Option Available) We have noted items that are Gluten Friendly options whilst every care is taken to ensure these dishes are free from gluten it cannot be 100% guaranteed. Whilst we are an allergy aware cafe, please notify a team member before ordering of any allergies, so that our team can take appropriate precautions.

FRESH JUICES

REG \$7.90 LGE \$9.50

TROPICAL CHILL orange & pineapple juice with mango & passionfruit

APPLE TWIST apple & pineapple juice, with a pinch of ginger **STRAWBERRY FIELDS** apple & orange juice with strawberries & a hint of mint

DETOX beetroot, ginger, carrot, celery, apple and lemon juice **GREEN DETOX** cucumber, celery, apple and lemon juice with kale & ginger

CREATE YOUR OWN (choice of 4)

apple, orange, pineapple, carrot, celery, beetroot, lemon, ginger, mango, strawberries, raspberries

SORBET CRUSH

REG \$7.90 LGE \$9.50

VERY BERRY strawberry sorbet, mixed berries & apple juice **SUNSHINE SPLASH** lemon sorbet, raspberries, strawberries, passion fruit & pineapple juice

CHILL PASSION lemon sorbet, banana, passion fruit & orange and apple juice

RASPBERRY BLISS mango sorbet, raspberries and apple juice

SMOOTHIES (add protein scoop \$1.50) REG \$7.90 LGE \$9.50

BREKKY TO GO frozen yoghurt, muesli, banana, honey & milk
CLASSIC BANANA frozen yoghurt, banana, honey & milk
MANGO TANGO frozen yoghurt, mango, passion fruit & milk
STRAWBANA frozen yoghurt, strawberries, banana & milk
CALYPSO CRUNCH frozen yoghurt, mango, banana, passion fruit & milk
BERRY BLOWOUT frozen yoghurt, mixed berries & milk



COLD DRINKS

| MILKSHAKE chocolate/ strawberry/caramel/ vanilla/ lime/ malt | REG \$6.50 | LGE \$7.80 |
|--|-------------------|------------|
| THICKSHAKE chocolate/ strawberry/caramel/ vanilla/ lime/ malt | REG \$7.80 | LGE \$8.90 |
| FRAPPE chocolate/ strawberry/caramel/ vanilla/ lime/ malt/ coff | REG \$6.50 | LGE \$7.80 |
| ICED COFFEE/ ICED CHOCOLATE | REG \$6.50 | LGE \$7.80 |
| ICED LATTE/ICED LONG BLACK made with cold brew coffee for a smoother taste | REG \$6.50 | LGE \$7.80 |

HOT DRINKS

| FLAT WHITE | S \$4.00 | M \$5.00 | L \$6.00 |
|--|----------|----------|----------|
| CAPPUCCINO | S \$4.00 | M \$5.00 | L \$6.00 |
| LATTE | S \$4.00 | M \$5.00 | L \$6.00 |
| CHAI LATTE | S \$4.00 | M \$5.00 | L \$6.00 |
| HOT CHOCOLATE | S \$4.00 | M \$5.00 | L \$6.00 |
| LONG BLACK | S \$4.00 | M \$5.00 | L \$6.00 |
| MOCHA | S \$4.50 | M \$5.50 | L \$6.50 |
| SHORT BLACK | S \$3.50 | D \$3.90 | |
| VIENNA | S \$3.90 | M \$5.10 | L \$6.20 |
| long black topped with wh | | | |
| AFFOGATO | | | \$5.00 |
| double espresso with a scoop of vanilla ice cream | | | |
| SHORT MACCHIATO | | | |
| double espresso with a drop of texture milk | | | |
| PICCOLO | | | |
| BABYCCINO | | | |
| soft textured milk topped served with marshmallows | | | |
| TEA | | | |
| english breakfast, earl grey, peppermint, green, lemongrass & ginger | | | |

(Almond, Soy, Lactose Free Milks +\$0.60)